



Provided by:
Department of Anesthesia
University of Iowa

Roy J. and Lucille A. Carver College of Medicine

OBSTETRIC ANESTHESIA SYMPOSIUM

Saturday, November 17, 2018

University of Iowa Hospitals and Clinics

7th Floor Atrium, Iowa City, Iowa

Purpose: The purpose of this symposium is to focus on topics that will improve safety and the outcome of patients during pregnancy, labor and delivery. Our goal is that Anesthesia and Obstetric providers attending this symposium will be able to increase their knowledge and skills in Obstetric Anesthesia, and apply the concepts and knowledge learned to increase positive outcomes in the care of their Obstetric patients.

Intended Audience: Anesthesia providers including Anesthesiologists, CRNAs, Residents, SRNAs, Anesthesia Assistants, Medical Students; Obstetricians and Midwives. Anesthesia providers attending this symposium should be able to increase their knowledge and skills in obstetric anesthesia, and apply these concepts and skills in the care of their obstetric anesthesia patients.

General Information

Educational Objectives

After attending this series, learners should be able to:

- ◆ Discuss the different modalities for managing pain after cesarean delivery including adjuvant therapies.
- ◆ Describe the current postpartum opioid prescription patterns and its impact on long term opioid use.
- ◆ Identify the implications of obesity in the parturient and gain knowledge in the safe management of anesthesia and analgesia in the peripartum period.
- ◆ Demonstrate the usefulness of transfusion protocols during major obstetric hemorrhage and discuss the role of anesthesia clinicians in implementing a transfusion protocol.
- ◆ Outline the current guidelines on anesthesia and breast feeding and utilize this information in responding to patients queries about breast feeding after anesthesia.
- ◆ Describe the truncal blocks that can be used for cesarean delivery analgesia and the differences in effect between a transversus abdominis plane (TAP) block and a quadratus lumborum (QL) block.

Registration Fees: Please contact the CME office at (319)335-8599 for University of Iowa staff fees. Fees include registration, syllabus, CME/CEU recording, continental breakfast, breaks, and lunch. While registration is open until the start of the meeting, we encourage early registration to enable us to provide the best possible service to participants. A \$25 fee will be charged for canceled registrations. No refunds will be given for cancellations made after November 3, 2018.

Syllabus Materials: Course syllabus materials will be emailed to registered participants prior to the symposium. Print copies of will not be provided, but you are encouraged to print materials to bring with you. Electronic devices will need to run off the battery as outlets may not be available.

Credit:

Physicians: The University of Iowa Roy J. and Lucille A. Carver College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Iowa Carver College of Medicine designates this live activity for a maximum of 7.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants will have access to a continuing education certificate upon completion of the on-line course evaluation.

Parking: Parking is available in the University of Iowa Hospitals and Clinics parking ramps. Attendees will be responsible for all parking fees (\$20.00 per day).

Housing: Participants are responsible for their own hotel reservations. Mention you are attending a University of Iowa event to inquire if there is a special university rate. Rates are not guaranteed.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, Office of Equal Opportunity and Diversity, the University of Iowa, 202 Jessup Hall, Iowa City, IA, 52242-1316, 319-335-0705 (voice), 319-335-0697 (TDD), diversity@uiowa.edu.

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Continuing Medical Education Division in advance at (319) 335-8599.

DISCLOSURE POLICY: Everyone in a position to control the content of this educational activity will disclose to the CME provider and to attendees all relevant financial relationships with any commercial interest.

Planning Committee Members: Dr. Uryime Ituk, Ms. Lorri Barnes.

Agenda

- 7:30 AM** **Registration and Continental Breakfast**
- 8:00 AM** **Welcome and Opening Remarks**
Unyime Ituk, MBBS, FCARSCI, Program Director and Moderator
- 8:10 AM** **Postcesarean Delivery Analgesia: Best Practice**
Unyime Ituk, MBBS, FCARSCI
- 8:50 AM** **Postpartum Opioid Prescription Patterns**
Andrea Greiner, MD
- 9:30 AM** **Anesthesia for Trial of Labor after Cesarean (TOLAC), External Cephalic Version (ECV), Cerclage and Postpartum Tubal Ligation**
Cynthia Wong, MD
- 10:10 AM** **Break**
- 10:20 AM** **Implementing Transfusion Protocols in Obstetrics**
Kokila Thenuwara, MBBS, MD, MME
- 11:00 AM** **Breast Feeding and Anesthesia**
Sapna Ravindranath, MD
- 11:40 AM** **Obstetric Anesthesia and Obesity**
Cynthia Wong, MD
- 12:10 PM** **Lunch**
- 1:10 PM** **Morbidly Adherent Placenta: The UIHC Experience**
Sarah Wernimont, MD
- 1:50 PM** **Truncal Blocks for Postoperative Analgesia: A Primer on TAP and QL Blocks**
Yatish Ranganath, MD
- 2:30 PM** **Break**
- 2:40 PM** **Workshop: QL and TAP Block**
Yatish Ranganath, MD
- 3:40 PM** **Workshop: Ultrasound for Vascular Access: Tips and Tricks**
Sapna Ravindranath, MD
- 4:40 PM** **Adjourn**

Symposium Faculty



Unyime Ituk, MBBS, FCARSCI
Program Director
Clinical Associate Professor
Division of Obstetric Anesthesia



Andrea Greiner, MD
Clinical Associate Professor
High Risk Obstetrician
Department of Obstetrics & Gynecology



Yatish Ranganath, MD
Clinical Assistant Professor
Interim Director, Regional Anesthesia
and Acute Pain Medicine



Cynthia Wong, MD
Professor
Chair and DEO, Department of Anesthesia
Division of Obstetric Anesthesia



Sapna Ravindranath, MD
Clinical Assistant Professor
Division of Obstetric Anesthesia



Kokila Thenuwara, MBBS, MD, MME
Clinical Associate Professor
Division of Obstetric Anesthesia



Sarah Wernimont, MD, PhD
Maternal-Fetal Medicine 2nd year Fellow
Department of Obstetrics & Gynecology

Registration

Obstetric Anesthesia Symposium

Saturday, November 17, 2018

Print clearly

Name _____
Address _____
City _____ State _____ Zip _____
Business Phone: _____
Home/Cell Phone: _____
Degree _____
Specialty _____
Email Address _____

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AMA PRA Category 1 Credits™ _____

CEU credits _____


Registration Fees

Physician @ \$200	\$ _____
Allied Health Professional (RN) @ \$150	\$ _____
Resident/Fellow @ \$100	\$ _____
UI Physician / Adjunct Faculty / Retired @ \$100	\$ _____
UI Allied Health Professional @ \$75	\$ _____
UI Resident/Fellow @ \$50	\$ _____
Medical Student \$25	\$ _____
Total	\$ _____


Three ways to register:

 Online: <https://uiowa.cloud-cme.com>

Click on "**Live Courses**" to locate and register for the event, and pay by credit card.

 Phone: 319-335-8599

Call and register over the phone and pay by credit card.

 University of Iowa Carver College of Medicine
Continuing Medical Education Division
100 Medicine Administration Building
Iowa City, Iowa 52241-1101

☐ I enclose a check made payable to The University of Iowa in the amount of \$ _____

Registration is confirmed when payment is received.

The University of Iowa requests this information in order to process your registration. No persons outside of The University of Iowa are routinely provided this information.